

EVERYTHING IN THE SCRIPTURES
IS GOD'S WORD. ALL OF IT IS USEFUL
FOR TEACHING AND HELPING PEOPLE
AND FOR CORRECTING THEM AND
SHOWING THEM HOW TO LIVE.
THE SCRIPTURES TRAIN GOD'S
SERVANTS TO DO ALL KINDS
OF GOOD DEEDS.

2 TIMOTHY 3: 16-17

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FUEL

GET TO KNOW MORE
ABOUT GOD

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IT'S GREAT THAT YOU HAVE
DECIDED TO PICK UP A COPY OF
FUEL. WHAT YOU HOLD IN YOUR HAND
REPRESENTS AN OPPORTUNITY TO
INTERACT WITH THE ONE, TRUE GOD
WHO LOVES YOU MADLY. HE MADE
EACH PERSON ON THIS PLANET FOR
HIMSELF OUT OF LOVE FOR EACH
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END OF AN ALMOST UNBELIEVABLE
PLAN WHERE WE FIND ULTIMATE
SATISFACTION, PURPOSE, DIRECTION
AND FULFILMENT IN A RELATIONSHIP
WITH GOD'S SON... JESUS CHRIST.



OUR VISION

To equip, empower and engage the Church of Ireland,
young people and adult youth leaders & workers
with the right skills, knowledge and understanding
to facilitate progressive youth ministry.

www.ciyd.org
www.ireland.anglican.org



FUEL

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For additional copies of FUEL please contact the Church of Ireland Youth Department
through our website. Please get in touch and give us your feedback - we value it!

FUEL

FUEL is an opportunity for you to get to know more about God, yourself, others and the world you live in. Don't worry if you think you're not very 'spiritual'... be open-minded and hungry for something deeper than what you've experienced so far.

FUEL's purpose is to enable you to hear God speaking through His words in the Bible. In this booklet you'll see two different pages. On the left there will be a space to write the date and where you were reading from in the Bible (don't try to read too much at one time; take a smaller section to reflect and think about what it is saying). Take your time... reading the section a few times slowly. Below that will be a series of questions to help you hear how God is speaking to you. Feel free to answer these questions in whatever order you find most helpful.

When it comes to communicating with God, there is no 'right' way to go about it. He is constantly communicating with us in a variety of ways. Make sure that you own a version of the Bible that is easy for you to read and understand; there are lots of helpful study bibles out there for young people. If you need help, ask your youth leader or minister/pastor.

The second page is a blank space for you to express yourself in any way you wish, you can write prayers or doodle - be creative!



FUEL

WHY 40 DAYS?

Whenever God wanted to prepare someone for his purposes, he took 40 days.

Jesus was empowered by 40 days in the wilderness.

Noah's life was transformed by 40 days of rain.

Moses was transformed by 40 days on Mount Sinai.

David was transformed by Goliath's 40-day challenge.

Elijah was transformed when God gave him 40 days of strength from a single meal.

The entire city of Nineveh was transformed when God gave the people 40 days to change.

The disciples were transformed by 40 days with Jesus after his resurrection.

40 DAYS

**IS SHORT ENOUGH OF A TIME
TO MAKE IT EASILY ACHIEVABLE,
BUT IT'S LONG ENOUGH OF A TIME
TO HELP CREATE A HABIT!**



FUEL

Lent is a season of 40 days, a time of repentance and preparation, for the coming of Easter. It is a time of self-examination and reflection.

In the early church, Lent was a time to prepare new converts for baptism. Today, Christians focus on their relationship with God, often choosing to give up something or to volunteer and give of themselves for others.

The period of Lent in the church calendar is a great time to start good habits that will benefit your relationship with God. There is space for 50 days in this book – when you’ve started to read your Bible and get into the habit, we want you to continue! This is an **example** of a daily reading plan with bite-sized portions of the bible to read – lots of other reading plans like this one are available on the internet for lots of books of the Bible. We want to help you get started:

40 DAYS IN THE GOSPEL OF JOHN

DAY 1: John 1:1-34	DAY 15: John 8:12-30	DAY 29: John 15:18-27
DAY 2: John 1:35-51	DAY 16: John 8:31-59	DAY 30: John 16:1-15
DAY 3: John 2:1-25	DAY 17: John 9:1-41	DAY 31: John 16:16-33
DAY 4: John 3:1-21	DAY 18: John 10:1-21	DAY 32: John 17:1-26
DAY 5: John 3:22-36	DAY 19: John 10:22-42	DAY 33: John 18:1-27
DAY 6: John 4:1-45	DAY 20: John 11:1-57	DAY 34: John 18:28-40
DAY 7: John 4:46-54	DAY 21: John 12:1-11	DAY 35: John 19:1-30
DAY 8: John 5:1-18	DAY 22: John 12:12-36	DAY 36: John 19:31-42
DAY 9: John 5:19-47	DAY 23: John 12:36-50	DAY 37: John 20:1-23
DAY 10: John 6:1-21	DAY 24: John 13:1-20	DAY 38: John 20:24-31
DAY 11: John 6:22-71	DAY 25: John 13:21-38	DAY 39: John 21:1-14
DAY 12: John 7:1-31	DAY 26: John 14:1-14	DAY 40: John 21:15-25
DAY 13: John 7:32-52	DAY 27: John 14:15-31	
DAY 14: John 8:1-11	DAY 28: John 15:1-17	

FUEL

MAY YOU EXPERIENCE
THE WONDER, MYSTERY
AND LOVE THAT IS GOD
AS YOU MAKE SPACE
TO MEET WITH HIM



FUEL

Dear friends, God is good. So I beg you to offer your bodies to him as a living sacrifice, pure and pleasing. That's the most sensible way to serve God. Don't be like the people of this world, but let God change the way you think. Then you will know how to do everything that is good and pleasing to him.

Romans 12: 1-2



FUEL

Sample Reading from the Book of John

"Don't let this throw you. You trust God, don't you? Trust me. There is plenty of room for you in my Father's home. If that weren't so, would I have told you that I'm on my way to get a room ready for you? And if I'm on my way to get your room ready, I'll come back and get you so you can live where I live. And you already know the road I'm taking."

Thomas said, "Master, we have no idea where you're going. How do you expect us to know the road?" Jesus said, "I am the Road, also the Truth, also the Life. No one gets to the Father apart from me. If you really knew me, you would know my Father as well. From now on, you do know him. You've even seen him!"

Philip said, "Master, show us the Father; then we'll be content." "You've been with me all this time, Philip, and you still don't understand? To see me is to see the Father. So how can you ask, 'Where is the Father?' Don't you believe that I am in the Father and the Father is in me? The words that I speak to you aren't mere words. I don't just make them up on my own. The Father who resides in me crafts each word into a divine act. Believe me: I am in my Father and my Father is in me. If you can't believe that, believe what you see - these works."

"The person who trusts me will not only do what I'm doing but even greater things, because I, on my way to the Father, am giving you the same work to do that I've been doing. You can count on it. From now on, whatever you request along the lines of who I am and what I am doing, I'll do it. That's how the Father will be seen for who he is in the Son. I mean it. Whatever you request in this way, I'll do."

"If you love me, show it by doing what I've told you. I will talk to the Father, and he'll provide you another Friend so that you will always have someone with you. This Friend is the Spirit of Truth. The godless world can't take him in because it doesn't have eyes to see him, doesn't know what to look for. But you know him already because he has been staying with you, and will even be in you! I will not leave you orphaned. I'm coming back."

John 14:1-18; The Message



Sample Responses

DATE: February, 14th 2018 WHAT I READ: John 14:1-18

What word, phrase or sentence stood out to me as I read?

"The person who trusts me will not only do what I'm doing but even greater things, because I, on my way to the Father, am giving you the same work to do that I've been doing. You can count on it" (verse 12)

How does it make me feel? What does it lead me to think about?

I feel excited, humbled, honoured. It makes me think about what wonderful things God might want to do through me.

What does this Scripture say to me about who God is?

It lets me know that God is about relationships. He wants me to partner with Him in His work in the world. He trusts me to fulfil a part of His plan here.

What might God be trying to say to me through it?

He may be asking me if I do really trust Him. He may also be asking me if I want to be part of what He's doing in peoples' lives.

How do I want to respond to what God is saying to me?

I really do want to trust Him and continue on the great adventure of walking through life with Him - taking part in His great revolution for the world!

How will what God has said impact or change my life?

If I believe what He's saying to me it has the potential to change everything - the way I think, speak and act. I will always see what I do as either working with or against God.

What would I most like God to do in my life today? (Ask Him)

God, please give me courage to trust myself completely to You.

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How do I want to respond to what God is saying to me?

How will what God has said impact or change my life?

What would I most like God to do in my life today? (Ask Him)

FUEL

Use this space creatively to respond to God.
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Finding your own 'Thin Place'

When the message of Jesus Christ came to the shores of Ireland through the work of Saint Patrick and others, early Irish Christians exemplified some unique qualities which still hold meaning for our world today. These Christians had a deep reverence for God's created world and treated it with much respect. They had a steadfast commitment to the Scriptures (Bible) which showed in how they lived their daily lives. Central to all of their worship was the Holy Trinity – the Father, the Son and Holy Spirit.

One of the practices of the early Irish Church that you may find helpful in your own journey with God is that of finding a 'thin place'. These Christians believed that there were places in the world around them where heaven and earth were drawn more closely together. These were special places that often helped turn the hearts and minds of those present towards God. Thin places are where God seems more near to you than anywhere else. Do you have a place like this? In which places do you sense God most strongly in your life? What activities help you 'see' God more clearly?

If you don't have a thin place start looking for one. It's a place where you and God enjoy each others' full attention. This can be anywhere: at school, church, in your bedroom, with a friend or outdoors. Ask God to reveal Himself to you and draw you closer to Him.

Throughout history, God has never failed those who have desired to know Him.

It is very important to have people in your life that bring the best out in you, that encourage you to trust more and more of yourself to God. It's also important to have someone with whom you can be unguarded and share your thoughts and feelings; including what God is doing in and through you. If you don't already know someone you can do this with, ask God to bring a sincere Christian your way who will support you in your developing relationship with Jesus. Sometimes it's easier to be more aware of God in our lives when someone else helps us see Him at work.

